

## MEDFORD WOMENS CLINIC

### COVID-19 (Coronavirus)

#### Update for the week of 11/30/20

We know that many of our patients are feeling vulnerable right now, and there is vast and conflicting information available which can be confusing to navigate. To that end, this fact sheet is designed to give you the most up-to-date information possible about the policies and procedures that are being implemented here at Medford Women's Clinic and at Asante Rogue Regional Medical Center.

Maintaining your health and well-being is of the utmost importance. We believe we have a vital role in keeping our patients physically healthy to minimize burdens on our urgent care and hospital systems.

#### Medford Women's Clinic

- **DO NOT COME TO THE OFFICE IF YOU HAVE FEVER, COUGH OR SHORTNESS OF BREATH.** Reschedule your appointment and **contact your primary care physician or Asante's COVID-19 hotline 541-789-2813.** Their specially trained triage nurse will decide if you need a VIDEO VISIT, be seen in person or proceed with Asante's drive through testing.
- All patients will be screened for symptoms upon arrival to the clinic. This is not only for your protection and the protection of other patients, but also it is imperative that we keep our staff healthy so we can continue to provide care for you.
- Visitor Policy: **Patients are asked NOT to bring visitors with them to their appointments.** We will be happy to accommodate phone conferencing or Face Time calls in order to include your family in your appointments.
- Medford Women's Clinic caregivers are being screened for fever and symptoms twice daily. We are disinfecting surfaces regularly and working to help our staff work from home as much as possible.
- Even in this time of greater restrictions on movement, needed medical appointments are allowed and encouraged. **To facilitate continued care, we are offering visits via video conferencing. Telephone visits are also a possibility for those unable to access videoconferencing.** The coverage for these visits has been approved by most insurance companies.
- Email/Telehealth consent for all Telehealth visits. Before your scheduled appointment, please download [here](#), sign and either scan/email, fax or picture and email. Thank you!

#### Asante Rogue Regional Medical Center – Family Birth Center

- In light of the spread of COVID-19, Asante's goal is to keep ill patients out of physicians' offices and our "clean" units like Labor and Delivery to protect healthcare workers, patients, and conserve supplies. This is why we ask you to first call Asante's COVID-19 hotline 541-789-2813 mentioned above and below if symptomatic.
- Urgent care or the emergency department is where all pregnant women will be evaluated for respiratory complaints.
- **All women with scheduled cesareans will be screen for COVID 24-48 hour before your surgery.** Details will be explained at your visits in the weeks leading up to your surgery.
- **All women presenting in labor or for inductions will be screened upon arrival.**
- Women with COVID-19 symptoms in labor:  
Women who present to the hospital in labor who have symptoms will be screened for COVID-19. Newborn separation while waiting for results will depend on your wishes after talking with a pediatrician and our resources available at the hospital at the time.

- Visitor Policy:  
**Currently, women in labor can have two support people (the same two people) throughout their hospital stay.** This does not include a doula. These people need to make every effort to remain with the pregnant patient in their room for the duration of her labor (no coming and going from the hospital). No visitors who have symptoms of fever, cough or shortness of breath will be allowed.

**No casual visitors (family and friends) and no visitors who are under the age of 18.**

### **Asante Rogue Regional Medical Center Surgical Services and Surgery Center of Southern Oregon**

Non-emergent outpatient and inpatient surgeries **are still continuing**. Please keep in mind the COVID-19 situation is rapidly evolving. In an effort to support this resurgence of hospitalized patients, procedures may have to be limited or canceled depending upon the ever-changing hospital capacity.

All patients will be screened for COVID 24-48 hours before your scheduled surgery. The details of your testing will be explained in the weeks leading up to your surgery.

### **COVID-19 Pregnancy Information**

At this time, very little is known about COVID-19, particularly related to its effect on pregnant women and infants. There currently are **no recommendations specific to pregnant women** regarding the evaluation or management of COVID-19.

Currently available data on COVID-19 does not indicate that pregnant women are at increased risk. However, **pregnant women are known to be at greater risk of complications with other respiratory infections** such as influenza and SARS-CoV. As such, pregnant women should be considered an at-risk population for COVID-19.

Currently the **risk of exposure to COVID-19 is not a qualifying medical risk** to mandate disability/stopping work prior to your due date. We encourage you to work with your employer to find ways to limit opportunities for exposure (ie: separated workspaces, alternate work hours etc).

We recommend all people, including pregnant women, wear masks instead of face shields. We are not providing medical notes to allow for face shield use over mask use.

### **Community Efforts to minimize spread**

**Social distancing is strongly recommended** at this time. Avoid crowds and reduce close personal contact.

Patients who have the option to **work from home** should make every effort to do so.

**Stay home as much as possible.** Avoid playdates, playgrounds and large groups of people.

**Wearing masks and hand-washing** remain the best and most effective way to limit exposure.

Wash with soap and water or hand sanitizer for 20 seconds.

Do not touch your eyes, nose, or mouth with unwashed hands.

**We recommend limiting or cancelling all non-essential travel.**

Information about travel: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

### **If you are worried that you may have COVID-19.**

- If you have symptoms of COVID-19 patient-call **Asante's COVID-19 hotline 541-789-2813**. Their specially trained triage nurse will decide if you need a VIDEO VISIT, be seen in person or proceed with drive through testing.