

**Well Woman Exam**

A “well woman exam” (or wellness exam) is a ***preventative*** health care visit covered by your insurance.

For most insurance companies, this benefit is included annually (for Medicare, a preventive breast/pelvic exam is generally covered every 2 years).

Services included in this visit are:

* Physical exam, including a pelvic exam and breast exam
* Cervical cancer (“pap smear”) screening - *if indicated*
* Sexually transmitted infection screening/testing - *if indicated*
* Ordering of bone density testing (osteoporosis screening) and mammogram (breast cancer screening) - *if indicated*
* Vaccinations such as influenza (flu) and HPV (gardasil) – *if indicated*
* Cholesterol, diabetes, and thyroid screening - *if indicated* (abnormal results will usually be referred out to your PCP)
* Contraceptive counseling

*This preventative health care visit is* ***not*** *a problem visit. If you have symptoms or physical complaints and concerns outside the scope of this visit, you may be billed a separate charge to your insurance (in addition to your wellness exam). Examples could include evaluation and management of ovarian cysts, heavy menstrual bleeding, abnormal uterine bleeding, postmenopausal bleeding, breast lumps, etc.*

Medford Women’s Clinic is a specialty clinic that provides you with specialty services as they relate to Obstetrics and Gynecology. Our providers do not function as your primary care provider.